

# Strong Anti-Inflammatory

## Orthopedic Apothecary

Why These Natural Ingredients?

### ***Turmeric (Curcumin)***

This orange-colored spice, used for thousands of years in cooking and medicine, contains curcumin, one of the most potent known natural anti-inflammatory agents. The pharmacologically active component of turmeric, curcumin limits the action of lipoxygenase and cyclooxygenase reducing inflammation in the body. While some manufacturers use unstandardized turmeric with fluctuating levels of curcumin, **Strong Anti-Inflammatory** includes 850 mg of standardized turmeric, guaranteed to contain 95% curcumin.

### ***Skullcap Root Extract***

Skullcap root has been used historically in Chinese medicine for allergies, inflammatory diseases and other conditions. Activities include: antioxidant, anti-inflammatory, inhibition of Prostaglandin E2.

### ***Bee Propolis***

Propolis is high in flavonoids, which by themselves may account for many of the benefits attributed to propolis. Caffeic acid phenethyl ester (CAPE) is an important component in propolis, acting with antiinflammatory, antioxidant and immune-enhancing activities. Additionally, Propolis does not harm cartilage regeneration when compared with typical NSAIDs.

### **Supplement Facts**

Serving Size: 6 Capsules  
Servings Per Container: 15

6 capsules contain	Amount Per Serving	% Daily Value
Skullcap Root Extract (Standardized to contain 30% flavones, <i>S. baicalensis</i> )	1400 mg	*
Bee Propolis Extract 2X (from Pollen)	950 mg	*
Turmeric Root Extract (Standardized to contain 95% Curcumin)	850 mg	*
Graminex G60 (Pollen Extract)	700 mg	*

\* % Daily Value not established

SUGGESTED USE: As a dietary supplement, 6 capsules with food in divided doses or as recommended by your health care professional.

