

Strong Joints Formula #1

Orthopedic Apothecary

Why These Natural Ingredients?

Glucosamine Sulfate

A chondroprotective agent that is a major building block of both cartilage and joint fluid. Numerous clinical trials have proven the effectiveness of Glucosamine. Studies show 1500 mg of glucosamine will exceed the pain reducing benefit of ibuprofen within 8 weeks.

Chondroitin Sulfate

Oral doses are shown to reach the joint and bolster the function of cartilage, and as such, act as a natural shock absorber for the joint. Without a good supply of Chondroitin Sulfate and fluid, some tissues may become malnourished, drier, thinner and more fragile. Use of non-steroidal anti-inflammatory drugs (ibuprofen, aspirin) block formation of connective tissue. Studies have shown that absorption is dependent upon the size of the molecule. The Chondroitin Sulfate found in **Strong Joints** is derived from a natural enzyme process, resulting in a small molecule size that enhances the valuable absorption necessary for product efficacy. The addition of the natural tissue support agent, Bromelain, enhances absorption of Chondroitin Sulfate.

Formula Synergy

In vitro, animal and human studies all confirm that glucosamine combined with chondroitin has synergistic benefits on cartilage tissues and is superior to single nutrients and other common options.

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 30

3 capsules contain	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid USP)	60 mg	100%
Glucosamine Sulfate	1500 mg	*
Chondroitin Sulfate	900 mg	*
Bromelain (2,400 GDU/g) (from Pineapple)	45 mg	*

* % Daily Value not established

SUGGESTED USE: As a dietary supplement, 1 capsule three times per day. Best taken on an empty stomach or as recommended by your health care professional.