

Strong Omega 3

Orthopedic Apothecary

Why These Natural Ingredients?

EPA and DHA

After a study of Greenland Eskimos, it was discovered that, although they consumed a comparably high amount of fat in their diet, the population experienced a low incidence of coronary heart disease. Their diet, it was discovered, contained a significant proportion of marine fats, specifically long chain, highly unsaturated omega-3 fatty acids (EPA and DHA). A recent review has concluded that omega-3 fatty acids support the cardiovascular system in the following ways:

- Anti-inflammatory properties (partly by prostaglandin effect)
- Formation of and competition against various prostaglandins and leukotrienes
- Hypolipidemic effect on triglycerides and VLDLs
- Antithrombotic effect

Other Important Advantages:

1. Burp-Free. Many complain of burping after taking other fish oils. **Strong Omega 3** is burp-free for nearly everyone.
2. Our **Strong Omega 3** meets the strictest international trade criteria for trace heavy metal and pesticide concentrations.
3. Most potent USP fish oil available to the professional market.
4. Meets USP standards for purity and quality.

Supplement Facts

Serving Size: 1 Soft Gel Capsule

Servings Per Container: 120

1 soft gel capsule contains	Amount Per Serving	% Daily Value
EPA	420 mg	*
DHA	300 mg	*

* % Daily Value not established

SUGGESTED USE: As a dietary supplement, 1 soft gel capsule with food per day or as recommended by your health care professional.